

LET'S PLAN THE COLD WEATHER...

# Winter Plan

## 2019 - 2020



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## Saint-Gilles and surrounding

### Where to eat ?



#### Morning :

- **Le Clos**  
Breakfast from 8h30 to 9h30 (ticket distribution from 8h30 to 9h00) price 1€ and 0,30€ beverages available **7 days**.  
33a Parvis de Saint-Gilles - Saint-Gilles - **02/537 33 33**  
Metro 2 et 6 Stop Porte de Hal - Tram 3-4 Stop Parvis de Saint-Gilles or Porte de Hal
- **L'Entraide de Saint-Gilles**  
Monday to Friday from 8h30 to 10h00 free coffee and breakfast.  
Soup from 10h15 to 11h.  
Counselling : Monday to Friday from 8h30 to 11h00  
Rue de l'Eglise 59 - Saint-Gilles - **02/541 81 14**  
Tram 3-4-51 Stop Parvis de Saint-Gilles or Metro 2 and 6 Stop Porte de Hal
- **Educateurs de rue – Street educators of the municipality of Saint-Gilles**  
Every first and third Monday of the month from 9h00 to 11h00, free breakfast at the Midi Train Station and surroundings ; legal advisor available.  
**02/539 23 91**

- **Les Petites Sœurs des Pauvres**  
Every day distribution free of charge of sandwiches from 9h-10h.  
Rue Haute 266 – Brussels - **02/512 13 80**  
Bus 48 Stop Jeu de Balles – Tram 92 and 93 Stop Poelaert – Metro 2 and 6 Stop Louise
- **Resto du coeur de Saint-Gilles**  
Monday to Friday from 8h30 to 10h free breakfast  
Rue de Bosnie 22 - Saint-Gilles - **02/538 92 76**  
Tram 81 - 82 Stop Bethléem

### Lunch and Dinner

- **Educateurs de rue - Street educators of the municipality of Saint-Gilles**  
Second and fourth Tuesdays of the month in the evening from 18h to 21h. Free of charge coffee, soup and sandwiches at the Midi Train Station and surroundings **02/539 23 91**
- **Le Clos**  
Lunch for 2€, **7 days**, for the homeless (Ticket distribution until 12h), meals are served at 12h30 (no access during the meal).  
From 14h30 menu (limited number) for 0,50€. Free soup from 14h30. Closed on Tuesdays at 13:30  
33a Parvis de Saint-Gilles - Saint-Gilles – **02/537 33 33**  
Tram 3-4-51 Stop Parvis de Saint-Gilles or Metro Stop Porte de Hal
- **Comité de la Samaritaine**  
The social restaurant is open from Monday to Friday from 9h-14h. From 9h to 11h45 for coffee : from 11h45-14h (food will be served until 13h).  
Adults : 1,5 Euros – Children 1 Euro – Full menu : 2 Euros, Drinks 0,20 Euros  
41/6 rue de la Samaritaine – Brussels – **02/513 06 26**  
Bus 27 or 48 Stop Chapelle
- **Missionnaires de la charité**  
Warm meal Wednesday, Friday and Saturday (first serving from 14h30 to 15h15 ; second serving at 15h15)  
Tuesdays meal served at 15h15. Sundays meal served at 16h and 16h45.  
Closed Mondays and Thursdays.  
Avenue du Roi 69 - Saint-Gilles – **02/539 41 17**  
Tram 82 – Bus 64 Stop Avenue du Roi
- **Nativitas**  
Lunch served from Monday to Friday and every sLunch served from Monday to Friday from 12h00 to 13h30, for 1,5€ (main course, coffee, desert) or 2€ (with soup)  
Center open from Monday to Friday from 6h30 to 17h  
Rue Haute 118 - Brussels- **02/512 02 35**  
**Open December 25**  
Bus 95 -48-27 Stop Chapelle

- **Poverello**  
From Monday to Saturday from 11h30 – 14h30 : warm meal. Sunday from 13h – 14h30 : sandwiches et soup. Price : 1 Euro for a meal and sandwich, 0,20 Euros for soup or drinks  
4 rue de l'Economie – Brussels – **02/511 52 12**  
Tram 81-4-51 - Metro Stop Gare du Midi
- **Resto du Coeur de Saint-Gilles**  
Warm meal from Monday to Friday from 11h to 12h45 (after a meeting with the social assistant) and from 16h30 to 19h00 soup, bread, cheese and cold cuts free of charge.  
Counselling office : Monday, Tuesday, Thursday and Friday from 9h to 10h + from 11h to 13h or by appointment.  
Rue de Bosnie 22 - Saint-Gilles - **02/538 92 76**  
Tram 81- Stop Bethléem
- **La Rencontre – Day Center**  
Open 6 days from 10h to 20h.  
Tuesday from 12h- 19h. Closed Monday.  
Breakfast (free of charge) from 10h15 to 11h  
Lunch Soup (free of charge) : from 12h15 to 13h  
Evening meal (free of charge): from 17h30 to 18h30  
Soup : in the evening for 0,35€  
Coffee : all day for 0,50€  
Counselling : 6 days from 10h to 12h – from 14h to 16h. Free access for women.  
Men must make an appointment. New membre card wednesday, thursday, Friday.  
Rue de la Senne 63 Brussels – **02/514 33 32**  
Tram 82-83-51 Stop Porte d'Anderlecht

### Where to warm up ?



- **Le Clos**  
Open 7 days from 8h30 to 11h30 and from 13h30 to 18h. Closed on Tuesdays at 13:30.  
33a Parvis de Saint-Gilles - **02/537 33 33**  
Tram 3-4-51 Stop Parvis de Saint-Gilles or Metro Stop Porte de Hal
- **DoucheFLUX**  
Tuesday, Thursday and Friday from 8h30 to 16h  
Wednesday from 8h30 – 17h – Attention : From 13h – 17h ONLY for WOMEN  
Saturdays and Sundays from 10h30 to 16h.  
Rue des Vétérinaires 84 – Anderlecht – **02/319 58 27**  
Metro 2 – 6 Stop Midi Station – Tram 32-81-82 – Bus 49-50 Stop avenue du Roi – Bus 78 Stop Vétérinaires
- **L'Entraide de Saint-Gilles**  
Open from 8h to 12h  
Counselling: from Monday to Friday from 8h30 to 11h00.  
Rue de l'Eglise 59 in Saint-Gilles - **02/541 81 14**  
Tram 3-4-51 Stop Parvis de Saint-Gilles or Metro 2 and 6 Stop Porte de Hall  
Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro 2 and 6 Stop Porte de Hal  
Bus 95 - 48 - 27 Stop Chapelle  
Metro 2 - 6 - Tram 3 - 4 - 51 Stop Porte de Hal

- **Nativitas**  
Open from Monday to Friday from 9h30 to 17h  
Drinks for sale from 0,20€ to 0,25€  
Clothes for sale from 10h to 11h30 : Fridays for women and children ; Tuesdays and Thursdays for men.  
Rue Haute 118 - Brussels – **02/512 02 35**
- **Restaurant social La Rencontre**  
Open **7 days** from 10h to 20h.  
Rue de la Senne 63 - Brussels. **02/514 33 32**  
Tram 82 - 83 - 51 Stop Porte d'Anderlecht
- **Resto du coeur de Saint-Gilles**  
As soon as the weather forecast announces negative temperatures, access from 16h30-19h.  
Rue de Bosnie 22 - Saint-Gilles - **02/538 92 76**  
Tram 81-82 stop Bethléem

### Where to rest ?



- **Pierre d'Angle**  
After social counselling, possibility to take a nap.  
Reservation by phone from 13h00.  
Rue Terre Neuve 153- Brussels. **02/513 38 01**  
Metro 2-6 - Tram 4-51 Stop Gare du Midi - Bus 48 Stop Jeu de Balle

### Where to sleep on night?



- **Pierre d'Angle**  
Possibility to request a bed upon arrival at the shelter at 20h. Rue Terre Neuve 153 - Brussels. **02/513 38 01**  
Metro 2-6 Tram 4-51 Stop Gare du Midi – Bus 48 Stop Jeu de Balle
- **Le Samu Social**  
Emergency Shelter – Men, Woman, Families.  
Reservation via a toll free number 0800 99 340  
Food, shower, bed, psycho-medical care. All services are free of charge and open to all.

### Where to wash?



- **Bains publics**  
Tuesdays to Saturdays from 14h. Bring your soap and towel or pay 2,5€.  
Rue du Chevreuil 28 Brussels – **02/511 24 68**  
Bus 27 Stop Porte de Hall - 48 Stop Porte de Hall stop Place du Jeu de Balle
- **DoucheFLUX**  
Tuesday to Friday from 8h30 to 12h  
Wednesday from 13h – 15h ONLY FOR WOMEN  
Saturdays and Sundays from 10h30 to 14h30  
Shower for 1€  
Rue des Vétérinaires 84 - Anderlecht **02/319 8 27**  
Metro 2 - 6 Stop Gare du midi - Tram 32- 81- 82 - Bus 49- 50 Stop Avenue du Roi  
Bus 78 Stop Vétérinaires

- **La Fontaine**  
Monday, Tuesday, Thursday, Friday. Inscription at 8h30.  
Man : once a week, entrance at 9h30 or 11h30.  
Women : twice a week, entrance at 9h30.  
**Free** shower, health care, pedicure, anti- parasite treatment.  
Rue Haute 346 - Brussels – **02/510 09 10**  
Metro 2-6 Tram 3-4-51 Stop Porte de Hal

- **Le Clos**  
**7 days/week** 9h30 to 11h  
1,5€.  
33 A Parvis Saint-Gilles – **02/537 33 33**  
Tram 3-4-51 Stop Parvis de Saint-Gilles or  
Metro Stop Porte de Hal

- **Missionnaires de la charité**  
Wednesdays from 9h to 10h free of charge.  
Avenue du Roi 69 - Saint-Gilles - **02/539 41 17**  
Tram 82 – Bus 64 Stop Avenue du Roi

- **Nativitas**  
From Monday to Friday from 9h30 to 11h15 for 1€  
RFrom Monday to Friday from 9h30 to 11h15 for 1€.  
Registration upon arrival at 9h30  
Rue Haute 118 - Brussels - **02/512 02 35**  
Bus 95 -48-27 Stop Chapelle – Metro 2-6 and  
Tram 3-4-51 Stop Porte de Hal

- **Pierre d'Angle**  
Phone reservation from 13h00.  
Rue Terre Neuve 153 - Brussels. **02/513 38 01**  
Metro 2-6 Tram 4-51 Stop Gare du Midi  
Bus 48 Stop Jeu de Balle

- **Rolling douche**  
Mobile Hygiene Service. **0474/41 40 07**  
In our specialised mobile home equipped with  
a warm system, we offer clean clothes, warm  
beverages and counselling. All our services are free  
of charge and open to women, men, accompanied  
children (with a parent if child is under age)
  - Monday from 14h00 to 18h, place Flagey - 1050 Ixelles
  - Wednesday : from 14h00 to 18h, rue des Sols,  
Central Station
  - Friday from 14h00 to 18h, Midi Station (next to the  
Pension Tower).

Please note, the clothes are available to people taking a  
shower in our mobile home.

## Where to wash clothes?



- **Bulle ASBL**  
Sustainable and free mobile laundry service. «Bulle» is  
a truck equipped with 2 washing machines and 2 dryers  
**0487/ 44 88 68**

- **DoucheFLUX**  
Laundromat from Tuesday to Friday from 8h30 to 11h.  
Women only : Wednesday from 13h to 15h.  
Saturday and Sunday from 10h30-13h30  
Laundry may be washed if a shower is taken for 1 €.  
Rue des Vétérinaires 84 - Anderlecht - **02/319 58 27**  
Metro 2 - 6 Stop Gare du midi - Tram 32- 81- 82 - Bus  
49- 50 Stop Avenue du Roi  
Bus 78 Stop Vétérinaires

- **Le Clos**  
**7 days/week** from 9h30 to 11h.  
All inclusive 2€ maximum 7kg.  
33 A Parvis - Saint-Gilles – **02/537 33 33**  
Tram 3-4-51 Stop Parvis de Saint-Gilles  
or Metro Stop Porte de Hal

- **L'Entraide de Saint-Gilles**  
From Monday to Friday 10h at 12h - 1€  
Rue de l'Eglise 59 - Saint-Gilles - **02/541 81 14**  
Tram 3-4-51 Stop Parvis de Saint-Gilles ou Metro 2  
and 6 Stop Porte de Hall

- **La Fontaine**  
Monday, Tuesday, Thursday and Friday. Registration  
at 8h30.  
Men : once/week – entry 9h30-11h  
Women : twice/week – entry 9h30.  
Showers, Nurse, Pedicure, Parasitic treatment all  
free of charge  
346 rue Haute – Brussels – **02/510 09 10**  
Metro 2-6, Tram 3-4-51 top Porte de Hal

## Medical treatment?



- **Athéna**  
From Monday-Friday from 9h-18h (medical and  
social help). Last registration at 17h.  
Closed weekends and bank holidays.  
2 rue Jean de Brouhoven – Brussels –  
**0494/18 90 24 - 0493/05 16 56**  
Metro 2-6 Stop Botanique, Tram 3-4 Stop Rogier
- **DUNE**  
(help for people suffering of drug addiction)  
Free counselling and check-up.  
Nurses available from Monday to Friday from 19h to  
22h30  
Avenue Henri Jaspar 124 - Saint-Gilles - **02/538 70 74**  
Metro 2 et 6 et tram 3, 4, et 51 - Stop Porte de Hal.

- **Médibus – Free medical care for people  
suffering of drug addiction:**  
- Mondays from 15h-18h at Ribaucourt  
- Tuesdays and Thursdays from 15h to 18h at Place  
Sainctelette - Molenbeek-Saint-Jean  
Tram 51 - Stop Sainctelette

- **Médibus – Orientation and medical care by**

- **Médecins du monde**  
Médibus - Free mobile medical service : **02/225 43 13**  
Monday from 18h30 to 20h45 :  
rue des Sols – Central Station  
Tuesday from 18h30 to 20h45 :  
Esplanade de l'Europe- Midi Station  
Thursday from 18h30 to 20h45 : place Solvay – North  
Station.

- **Médecins du Monde**  
Phone assistance : Mondays, Wednesdays,  
Thursdays, Fridays from 9h-12h and 13h-17h. On  
Tuesdays only from 9h-12h - **02/225 43 13**

- **ASBL Solidarité Grands Froids**  
Doctor and nurse : every Tuesdays from 12h-16h  
Clothes distribution : every Tuesdays, Thursdays and  
Fridays from 12h-16h  
(Access to the center only with note from a social  
assistant or advisor)  
74 rue du Danemark – 1060 Brussels  
Tram 81 stop Bethléem or Trams 3-4-51 and Metro  
stop Porte de Hal

## How to get general information?



- **CPAS de Saint-Gilles**  
Welcome Desk from 8h to 12h.  
Rue Fernand Bernier 40 and Chaussée de Charleroi  
123A - Saint-Gilles. - **02/600 54 11**  
Metro 2-6 Stop Porte de Hall or tram 81 Stop  
Bethléem  
Metro 2-6 Stop Louise or tram 81 Stop Janson

- **Diogènes**  
Street workers within the Brussels region including  
Saint-Gilles.  
Support to homeless people throughout their  
marginal life.  
**02/502 19 35**

- **DoucheFLUX**  
Psycho-Social Advise from Tuesdays to Fridays from  
9h-12h and from 14h-16h.  
Wednesday afternoon ONLY for women.  
Rue des Vétérinaires 84 - Anderlecht - **0471/22 96 43**  
Metro 2 - 6 Stop Gare du midi - Tram 32- 81- 82 - Bus  
49- 50 Stop Avenue du Roi  
Bus 78 Stop Vétérinaires

- **DUNE (help for people suffering of drug  
addiction)**  
Anonymous, free and unconditional counselling.  
Welcome desk from Monday to Friday from 19h to  
22h45.  
Counselling every Wednesday from 19h to 22h30 and  
every Thursday from 14h to 17h.  
Avneue Henri Jaspar 124 - Saint-Gilles - **02/538 70 74**  
Metro 2 and 6 et tram 3, 4 and 51 - Stop Porte de Hal.

- **Educateurs de rue – Street educators of the  
municipality of Saint-Gilles**  
Counselling : Tuesday, Wednesday, Thursday  
10h-13h  
Rue des Fortifications 12 - Saint-Gilles – **02/539 23 91**  
Tram 81 stop Barrière  
Tram 3-4 Stop Parvis, Horta, Barrière

- **Service Justice de Proximité  
General Legal Help**

- Every 1st and 3rd Monday of the month from  
9h to 11h, at the Midi Station with the Saint Gilles  
Street Workers.

- Mondays from 14h00 to 16h0, Wednesdays from  
9h00 to 11h00 and Thursdays from 9h00 to 11h00  
7-8 Place Broodthaers - Saint-Gilles **02/542 62 40**  
Metro2-6/Tram 81 Stop Midi Station

- **L'Entraide de Saint-Gilles**  
Counselling : from Monday to Friday from 8h30 to 11h  
Rue de l'Eglise 59 - Saint-Gilles - **02/541 81 14**  
Tram 3-4-51 Stop Parvis de Saint-Gilles or Metro  
2 and 6 Stop Porte de Hall

- **Infirmiers de rue**  
Street Workers and nurses for homeless people  
and help with reintegration into housing in  
Brussels. **02/265 33 00**

- **Médecins du monde**  
Telephone Helplines : Monday, Wednesday,  
Thursday, Friday : 9h – 12h and 13h – 17h.  
Tuesday only from 9h-12h. **02/225 43 13**

- **Nativitas**  
Counselling : Tuesday, Wednesday, Thursday from  
9h30 to 11h30  
Legal Counselling : Monday from 10h to 11h30  
Public Writer : Monday and Thursday from 13h30  
to 16h30  
Rue Haute 118 Brussels - **02/512 02 35**  
Bus 95 -48-27 Stop Chapelle – Metro 2-6 and Tram  
3-4-51 Stop Porte de Hal

- **Resto du Cœur de Saint-Gilles**

Counselling : Monday, Thursday, Tuesday and  
Fridays from 9h – 10h and from 11h-13h, or with an  
appointment. If an emergency, possibility to meet an  
advisor during the meals (beginning of the week).

Rue de Bosnie 22 - Saint-Gilles - **02/538 92 76**

Tram 81-82 Stop Bethléem

- **Restaurant social la Rencontre**  
Counselling : 6 days/7 from 11h to 12h and from 14h  
to 16h.  
Rue de la Senne 63 - Brussels – **02/514 33 32**  
Tram 82-83-51 Stop Porte d'Anderlecht